



Αρουτ Αρουσία

We are passionate about children! That's why we've called our charity 'Abaana' meaning 'children' in one of the languages of Uganda. We are an organisation committed to meeting the needs of the children of Uganda, helping them to break the chains of poverty through education.

Our vision is to see the children in Africa have their needs met, their rights upheld and their dreams fulfilled. We aim to do this through raising awareness and motivating people to give sacrificially so that lives are transformed and the love of God is shown in a practical way.

With help from many faithful supporters, Abaana has built 13 schools throughout Uganda, and currently provides Sponsorship for 1350 children. Child Sponsorship now also extends to Street Children, who are offered a fresh beginning, and a place in our New Life Children's Homes.

What do Abaana do?

Since 1998, we have concentrated our work in Uganda, focusing on establishing schools and child sponsorship. Where possible, we also help to finance rebuilding work at pre-existing schools in Uganda to ensure safe, secure learning environments. We also assist in providing the resources such as books, writing tools and learning equipment.

Children in our sponsorship scheme are able to attend schools, receive teaching, daily meals and the resources needed to help them through their education.

More than 2000 children are living on the streets in Kampala, Uganda's capital, where Abaana runs Street Reach. Here, up to 200 boys receive a square meal, medical attention and the opportunity to be involved in organised activities each week. In 2007, Abaana built 6 homes (New Life Homes) providing safe residence for up to 40 boys away from life on the streets. New Life Homes provide the opportunity for schooling and improving future prospects.



Summer Scheme

Visit a number of Abaana's Primary Schools which are located across Uganda, organising a summer scheme including activities like drama, arts and crafts and playing games.

Practical Work

There are plenty of opportunities to get your hands dirty! You could be involved in building a new school, brick laying or painting. On the job training provided, no experience necessary!

Work with Street Kids/New Life Homes

Work with street kids through the Street Reach programme, playing games, giving them food and medical care.

You could spend time with children, who were formerly living rough on the streets and are now being cared for in our New Life Children's Homes. Witness first-hand the dramatic difference that love, care and shelter can make to a young life.

Sporting Programmes

Travel through Uganda, visiting Primary Schools coaching various sporting activities including football, netball, volleyball and playing games. Develop skills, good sportsmanship and fair play through fun games.

Which project in Uganda encouraged you most?

"Working with the former street boys in the New Life Homes project with Abaana was truly amazing. The fact that some of the boys we met had become well mannered, hard working children in the space of 5 months is a credit to the project and how effective it is at transforming those boys."

> Lauren Atkinson Hub Team, QUB Team member 2015



Cost

Around £1700 for a 2 week period, however, costs can vary from team to team. This price includes

- Flights and visas
- Accommodation (in the Abaana Guesthouse)
- Mini bus hire in Uganda
- Food
- Travel insurance
- 2 Team t-shirts and team hoodie
- Team first aid kits
- Preparation and support from Abaana UK and Abaana Uganda staff

Fundraising

Part of preparing for your trip will be fundraising. Don't let finance stand in the way of going! Once you decide to go, it's amazing how the money comes in and friends, family, work, church, or school are willing to support you. Abaana will be happy to provide resources and ideas to get you started.

You may also like to adopt a project in Uganda and set a fundraising target. You could provide a water well for a school, furnish a school with playground equipment or even buy bricks for new school classrooms and then help with the bricklaying!



Suggested Payment Plan

- 1st instalment due February 2016
- 2nd instalment due April 2016
- 3rd instalment due June 2016

Balance due 2 weeks before departure

Orientation

It's important to be as prepared as possible before travel to Uganda, so there are 3 briefing sessions covering cultural awareness, medical precautions and team programme. Attendance is essential.

Travel and Health

- You will need a current passport with at least 6 months validity after the date of completion of travel.
- You must consult with your doctor regarding relevant vaccinations and anti-malarial medication, which requires to be taken before departure. Failure to be vaccinated may jeopardise your place on the team.

Application Process

- All application forms must be completed and returned to our office with a £10 non-refundable deposit.
- We will send out for written references and complete Access NI checks as part of our standard Child Protection responsibilities.
- Successful applicants will then have a confirmed place on a team.
- Please note that places are confirmed on a first come, first served basis.
- To apply, go to www.abaana.org/teams
- Or phone Louise **028 91 451 918** for more info or an application form.
- E-mail louise@abaana.org